

## Temperature, Pulse, Respirations & Blood Pressure Check-Off Sheet

Name: \_\_\_\_\_

Pass/Fail

Date: \_\_\_\_\_

Before beginning any procedure you should do the following three things (verbal):

1. Wash hands
2. Assemble, gather, clean equipment
3. Explain procedure to the person

<b>ORAL TEMPERATURE</b>	<b>Yes</b>	<b>No</b>
The above named individual successfully demonstrated how to take an oral temperature using <b>the equipment located in this residential setting.</b>	<input type="checkbox"/>	<input type="checkbox"/>
<b>PULSE (RADIAL)</b>	<b>Yes</b>	<b>No</b>
The above named individual successfully demonstrated for 60 seconds how to take a pulse.	<input type="checkbox"/>	<input type="checkbox"/>
<b>RESPIRATIONS</b>	<b>Yes</b>	<b>No</b>
The above named individual successfully demonstrated for 60 seconds how to count a person's respirations.	<input type="checkbox"/>	<input type="checkbox"/>
<b>BLOOD PRESSURE</b>	<b>Yes</b>	<b>No</b>
The above named individual successfully demonstrated how to take a blood pressure using <b>the equipment located in this residential setting.</b>	<input type="checkbox"/>	<input type="checkbox"/>

After completing any procedure you should do the following three things (verbal):

1. Record the vital sign.
2. Wash hands.
3. Report any abnormalities.

### Normal Ranges:

Temperature (oral): 96-99

Pulse: 50-100 per minute

Respirations: 12 – 28 per minute

Blood Pressure: Systolic (top number) should be less than 130

Diastolic (bottom number) should be less than 85

Trainer Signature: \_\_\_\_\_

Date: \_\_\_\_\_

