Measuring Vital Signs Test

Name: ______________________                                                             Score: _______ Pass / Fail

Date: _______________________

1. What are the four vital signs?
   
   1. 
   2. 
   3. 
   4. 

2. What is the normal range for an adult temperature? __________________________

3. What is the normal range for an adult pulse? _________________________________

4. What is the normal range for respirations? _________________________________

5. What is the normal adult range for blood pressure? _________________________

6. Why are vital signs important?
   _______________________________________________________________________

7. What does “at rest” mean? _________________________________

8. What do you use to clean a thermometer? _________________________________

9. What kind of equipment will you use to take an individual’s vital signs?
   _______________________________________________________________________

10. Review each individual’s health information and list any needs or instructions for taking/measuring their vital signs. Include how often to take, when, and what equipment will be used for each.
    
    1. 
    2. 
    3. 
    4. 
    5. 
    6. 
    7. 
    8. 
    9. 
    10. 

**Trainer should assure that the DSP reviews the forms and knows where to chart the results. Trainer should assure that the TPR/BP sheet is completed, and that the DSP takes a set of vitals for each individual. **