

MEASURING VITAL SIGNS TRAINER CHECKLIST

1. Have the DSP read the unit.
2. Have the DSP complete the following worksheets:
 - How to Read a Mercury Free or Glass Thermometer
 - Reading the Manometer
3. Trainer will review the worksheets with the DSP.
4. Trainer will show DSP the location of equipment and supplies required to complete a set of vitals.
5. Trainer will demonstrate the correct procedure for taking a blood pressure, respiration, pulse and temperature.

Note: Trainer should demonstrate and have DSP practice with the equipment that is typically used in this residential setting.

6. DSP will practice taking a set of vitals on the individuals who have agreed to assist with this training.
 1. Trainer will complete Temperature, Pulse, Respirations & Blood Pressure Check Off Sheet.
 2. Trainer will review documentation requirements and the procedure for reporting abnormal readings.
 3. Trainer will have the DSP review each individual's plan of service and medical protocols.
 4. DSP will take the test.
 5. Trainer will review the test with the DSP and answer any questions.