7:00a-3p Woke Jane up to take her meds. She got a glass of water and needed no help to take them when handed to her. Jane chose what to eat from breakfast choices. Monitored while she ate. Refused to put dishes in dishwasher. Got dressed to go to dentist. Aided hand over hand to zip/button clothes & wash hands. No concerns at dentist. Came home, ate lunch, watched TV. Played game with housemates and took a nap. 

3:00p-11pm. On arrival, Jane was joking around with housemates. Passed meds at 4:00pm. Assisted Jane with shower by putting appropriate amount of soap on washcloth & prompting her to make sure she got all the soap out of her hair. Reminded her to put on powder after drying off. Put on PJs independently. Jane chose milk with dinner. Made Christmas cards with housemates. Helped her put toothpaste on brush. Jane went to bed at 9:30pm.

8p-7a. Jane asleep. Checked on her every 1/2 hour. Up at 4:00a to use bathroom. Assisted w/clean up and back to bed. Laundry done. Prepped meals for tomorrow. Jane awake at 6:30am watching TV.