**FAST**

*Functional Analysis Screening Tool*

Client: __________________________ Date: ______________
Informant:______________________ Interviewer:______________

**To the Interviewer:** The FAST identifies factors that may influence problem behaviors. Use it only for screening as part of a comprehensive functional analysis of the behavior. Administer the FAST to several individuals who interact with the client frequently. Then use the results to guide direct observation in several different situations to verify suspected behavioral functions and to identify other factors that may influence the problem behavior.

**To the Informant:** Complete the sections below. Then read each question carefully and answer it by circling "Yes" or "No." If you are uncertain about an answer, circle "N/A."

**Informant-Client Relationship**

1. Indicate your relationship to the person: ___Parent ___Instructor ___Therapist/Residential Staff (Other)
2. How long have you known the person? ___Years ___Months ___(Other)
3. Do you interact with the person daily? ___Yes ___No
4. In what situations do you usually interact with the person?
   ___Meals ___Academic training ___Leisure ___Work or vocational training ___Self-care ___(Other)

**Problem Behavior Information**

1. Problem behavior (check and describe):
   ___Aggression ___Self-Injury ___Stereotypy ___Property destruction ___Other
2. Frequency: ___Hourly ___Daily ___Weekly ___Less often ___(Other)
3. Severity: ___Mild: Disruptive but little risk to property or health ___Moderate: Property damage or minor injury ___Severe: Significant threat to health or safety ___(Other)
4. Situations in which the problem behavior is most likely to occur:
   Days/Times: ________________________________
   Settings/Activities ________________________________
   Persons present ________________________________
5. Situations in which the problem behavior is least likely to occur:
   Days/Times: ________________________________
   Settings/Activities ________________________________
   Persons present ________________________________
6. What is usually happening to the person right before the problem behavior occurs?
   ________________________________
7. What usually happens to the person right after the problem behavior occurs?
   ________________________________
8. Current treatments______________________________
9. Frequency: ___Hourly ___Daily ___Weekly ___Less often ___(Other)
10. Severity: ___Mild: Disruptive but little risk to property or health ___Moderate: Property damage or minor injury ___Severe: Significant threat to health or safety ___(Other)
11. Situations in which the problem behavior is most likely to occur:
    Days/Times: ________________________________
    Settings/Activities ________________________________
    Persons present ________________________________
12. Situations in which the problem behavior is least likely to occur:
    Days/Times: ________________________________
    Settings/Activities ________________________________
    Persons present ________________________________
13. What is usually happening to the person right before the problem behavior occurs?
    ________________________________
14. What usually happens to the person right after the problem behavior occurs?
    ________________________________
15. If the person is experiencing physical problems, enter the number of items that were circled in the “Total” column.

**Scoring Summary**

Circle the number of each question that was answered “Yes” and enter the number of items that were circled in the “Total” column.

<table>
<thead>
<tr>
<th>Items Circled “Yes”</th>
<th>Total</th>
<th>Potential Source of Reinforcement</th>
</tr>
</thead>
<tbody>
<tr>
<td>1 2 3 4</td>
<td></td>
<td>Social (attention/preferred items)</td>
</tr>
<tr>
<td>5 6 7 8</td>
<td></td>
<td>Social (escape from tasks/activities)</td>
</tr>
<tr>
<td>9 10 11 12</td>
<td></td>
<td>Automatic (sensory stimulation)</td>
</tr>
<tr>
<td>13 14 15 16</td>
<td></td>
<td>Automatic (pain attenuation)</td>
</tr>
</tbody>
</table>

© 2005 The Florida Center on Self-Injury