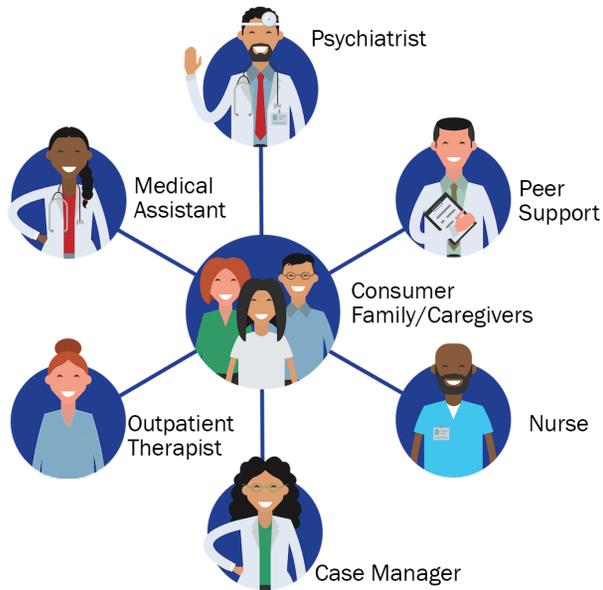


WHAT DOES MY TEAM LOOK LIKE?



You will have the benefit of many team members supporting your journey. Your team will be able to consult quickly and regularly with each other as needs arise.

Working with a team allows for more availability if one team member is out of the office or is busy.

Customer Service 1.800.317.0708 or
989.772.5938
Michigan Relay 7-1-1
24 HOUR CRISIS Telephone
Convenient Office Locations and Hours

Clare County

789 North Clare Avenue
Harrison, MI 48625
989.539.2141

Isabella County

301 South Crapo Street
Mt. Pleasant, MI 48858
989.772.5938

Gladwin County

655 East Cedar Street
Gladwin, MI 48624
989.426.9295

Mecosta County

500 South Third Avenue
Big Rapids, MI 49307
231.796.5825

Midland County

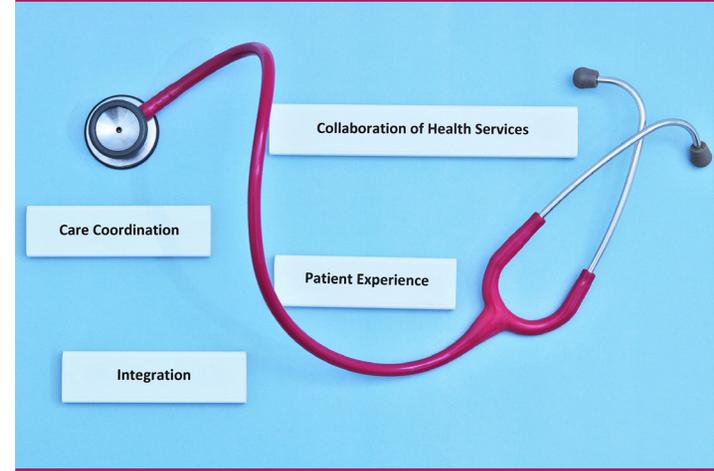
218 Fast Ice Drive
Midland, MI 48642
989.631.2320

Osceola County

4473 220th Avenue
Reed City, MI 49677
231.832.2247

WELCOME TO TEAM-BASED CARE (TBC)

Community Mental Health for Central Michigan is taking a team-based approach to mental health, which means that physical and behavioral health are supported by an integrated team of caregivers all working together. This team-based approach has been shown to improve quality of care for consumers and generate better outcomes.



Accredited by:



Joint Commission

On Accreditation of Healthcare Organizations

CMHCM receives financial support from the Michigan
Department of Health and Human Services.



HOW DOES CMHCM PROVIDE TBC?

All six county programs within CMHCM are organized into teams. Each team will consist of a case manager, a peer, a therapist, a nurse, a psychiatric staff, an employment specialist, and other referrals depending on your identified needs.

A team-based model of care strives to meet consumer needs and preferences by actively engaging consumers as full participants in their care, while encouraging all health care professionals to function to the full extent of their education, certification, and experience.

ACCESSING TBC SERVICES



1. You will still come to the office or call to initiate services.
2. A brief screening and psychosocial assessment will occur to determine your eligibility and medical necessity.
3. Together, you will decide who you want to support you and what services will help you meet your goals.
4. You will be assigned to a team and scheduled for your first service, usually with a case manager. You will also be contacted by an RN who will work with you to complete a full health assessment to better identify your physical health needs and how they may impact your mental health.

HOW TBC BENEFITS YOU!

You and your case manager will talk about what you would like in your person-centered plan. Together, you will decide who you want to support you and how you will reach your goals. You will decide what services are best for you and how often the services need to occur.

Your plan will be a detailed road map, and your team will be on the journey with you.

Your plan can be updated any time you and your team decide a change in direction is needed based on your needs or goals.