



# NURSING ASSESSMENT

## Why do I need a Nursing Assessment?

The nursing assessment helps your treatment team understand your health needs so we can provide the best possible care.

## What happens during the Nursing Assessment? A nurse will:

- Review your health history
- Check your vital signs
- Discuss any health concerns you may have
- Connect you with resources that may be helpful
- Coordinate care with your healthcare providers
- Provide education about your mental and physical health

## What should I bring?

- A list of your current medications
- Contact information for your primary care provider
- Contact information for any specialists or treatment providers you see

This information helps us coordinate your care effectively.

## Why is this important?

- Mental and physical health are closely connected. By assessing both, we can better support you in achieving your overall health and well-being.

**Clare Clinic**  
789 North Clare Ave.  
Harrison, MI 48625

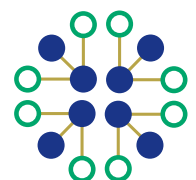
**Gladwin Clinic**  
655 East Cedar Ave.  
Gladwin, MI 48624

**Midland Clinic**  
218 Fast Ice Drive  
Midland, MI 48642

**Isabella Clinic**  
301 South Crapo St.  
Mt. Pleasant, MI 48858

**Mecosta Clinic**  
500 South Third Ave.  
Big Rapids, MI 49307

**Osceola Clinic**  
4473 220th Ave.  
Reed City, MI 49677



**Community  
Mental Health**  
FOR CENTRAL MICHIGAN