## WHAT TYPES OF ACTIVITIES ARE NOT CONSIDERED CLS?

- CLS services are face-to-face services, and as such, services cannot be provided when a consumer is asleep (except in very rare and unusual situations).
- CLS is not meant to be a cleaning/ housekeeping service. The consumer must be directly involved in the tasks that are being performed by CLS staff, and it must be written in the consumer's plan of service as a treatment goal to be billed to Medicaid.
- CLS services are not meant to monitor, supervise, or provide companionship to consumers. CLS services are meant to provide skills training and personal assistance to help increase a consumer's level of independence in their home and their community.
- CLS services are not meant to be provided in locations outside of the consumer's local community.
- Transportation mileage to and from medical appointments is not a covered CLS service (mileage should be requested through your local DHS worker as needed).
- CLS cannot be provided while a consumer is in an institutional setting such as the hospital, nursing home, or jail. CLS is provided in community settings (for example the consumer's home, library, grocery store, etc.).

### Customer Service 1.800.317.0708 or 989.772.5938 989.773.2890 (TTY) 24-hour Crisis Telephone Convenient Office Locations and Hours

Clare County 789 North Clare Avenue Harrison, MI 48625 989.539.2141 989.773.2890 TTY

#### Isabella County 301 South Crapo Street Mt. Pleasant, MI 48858 989.772.5938 989.773.2890 TTY

### **Gladwin County**

655 East Cedar Street Gladwin, MI 48624 989.426.9295 989.631.0870 TTY

#### Mecosta County 500 South Third Avenue Big Rapids, MI 49307 231.796.5825 989.773.2890 TTY

### **Midland County**

218 Fast Ice Drive Midland, MI 48642 989.631.2320 989.631.0870 TTY

### **Osceola County**

4473 220th Avenue Reed City, MI 49677 231.832.2247 989.773.2890 TTY



CMHCM receives financial support from the Michigan Department of Health and Human Services.



# COMMUNITY LIVING SUPPORTS (CLS) SERVICES

CLS services are meant to help increase and maintain a person's independence, support an individual's achievement of their goals, and promote community participation and productivity through skills training and personal assistance. These supports are provided by paid staff to help adults who are dealing with serious mental illness or intellectual/developmental disabilities. These supports may also help families who have children with an intellectual/developmental disability or a serious emotional disturbance.



## WHAT KIND OF SUPPORT DOES CLS OFFER?

Assisting, prompting, reminding, cueing, observing, guiding, and/or training in the following activities:

- Meal preparation
- Laundry
- Routine, seasonal, and heavy household care and maintenance
- Activities of daily living (e.g., bathing, eating, dressing, personal hygiene)
- Shopping for food and other necessities of daily living

Staff assistance, support, and/or training with activities such as:

- Money management
- Non-medical care (not requiring nurse or physician intervention)
- Socialization and relationship building
- Transportation from the beneficiary's residence to community activities and among community activities (transportation to and from medical appointments is excluded)
- Participation in regular community activities and recreation opportunities (e.g., attending classes, movies, concerts and events in a park; volunteering; voting)
- Attendance at medical appointments (transportation mileage is covered through your local DHS office)
- Obtaining goods, other than those listed under shopping, and non-medical services

# WHAT KIND OF SUPPORT DOES CLS OFFER?

- Reminding, observing and/or monitoring of medication administration
- Staff assistance with preserving the health and safety of the individual in order that he/she may reside or be supported in the most integrated, independent community setting



## HOW DO I GET CLS SERVICES FOR MYSELF OR A LOVED ONE?

Please speak with your Supports Coordinator or Case Manager to determine if you qualify for Community Living Support services. Your case holder will first work with you in determining which of your goals can be supported by your family, friends, or others in the community. We know that natural or community supports are not always available, and when this happens, your case holder may help you in finding further assistance. If you have not been assessed for Adult Home Help through the Michigan Department of Health and Human Services (MDHHS) this must first be requested to determine if you are eligible for Adult Home Help. Your case holder will work with you in determining the best supports available to you that are medically necessary which includes CLS services.

What is medical necessity?

The Medicaid Provider Manual defines Medical necessity as the determination that a specific service is medically (clinically) appropriate, necessary to meet needs, consistent with the person's diagnosis, symptoms, and functional impairments, is the most costeffective option in the least restrictive environment, and is consistent with clinical standards of care. Medical necessity of a service is documented in the individual's plan of service.