

**POSITIVE APPROACHES TO CHALLENGING BEHAVIOR  
&  
NON-AVERSIVE TECHNIQUES  
TRAINER CHECKLIST**

1. Have the Direct Support Professional (DSP) read the unit.
2. The activities have been set up so that they can be used with groups or individually. The trainer will give the activities to the DSP to complete.
3. Trainer will review each activity with the DSP and answer any questions.
4. Trainer will give the DSP the test.
5. Trainer will review the test with the DSP and answer any questions.
6. Trainer will review individuals Positive Behavior Support Plans (PBSP) with the DSP.
7. Trainer will review documentation requirements for PBSP.
8. DSP should spend time observing the individuals in the home.
9. DSP should spend time with each individual to learn likes/ dislikes, preferred routines, and any other information which the individual is willing to share. This will assist the DSP in understanding how to support each individual for success and good "quality of life".
10. Trainer will review AFC administrative rules 400.14307(1-4) [400.15307(1-4)], 400.14308(1-2) [400.15308(1-2)]. The trainer should assure the DSP knows where the AFC licensing rules are located in the home for easy reference