

## Residential Services and the Role of the Direct Support Professional Test

Name: \_\_\_\_\_

Score: \_\_\_\_\_ Pass / Fail

Date: \_\_\_\_\_

**Please answer the following questions after reading the Residential Services and the Role of the Direct Support Professional Module. If you need assistance please ask the designated “Qualified Trainer”.**

1. The Direct Support Professional has many important roles to play. List the five primary roles mentioned in the module: (page 1)

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2. List the five important skills for a Direct Support Professional: (page 4)

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3. \_\_\_\_\_ is noticing changes in an individual’s health, attitude, appearance, or behavior. (page 6)

4. The Direct Support Professional is required to \_\_\_\_\_ in each person’s individual record. (page 7)

5. What are the four major kinds of developmental disabilities and some characteristics of each one? (page 8 & 9)

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6. For a mental or emotional problem to be a mental illness, it has to be a \_\_\_\_\_ problem that \_\_\_\_\_ interferes with the person’s ability to function in life.

7. What are the five types of Mental Illness mentioned in the module and some characteristics of each one? (page 10)

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8. The biggest challenge faced by people with mental illness today is often the \_\_\_\_\_ and \_\_\_\_\_ the general public have about what it means to have a mental illness. (page 11)

9. A \_\_\_\_\_ \_\_\_\_\_ will assist people with deciding what their personal goals are and how their \_\_\_\_\_ \_\_\_\_\_ will guide them through making changes in their life. (page 12)

10. A good way to ensure that you are using People First Language is to begin describing people with the words \_\_\_\_\_, \_\_\_\_\_, \_\_\_\_\_, or \_\_\_\_\_.  
(page 13)

**Instructions: Read each question carefully, and then read each answer option. Chose the ONE BEST answer and circle it.**

11. Which of the following is a role the DSP is expected to play?

- A. Advocate
- B. Parent
- C. Boss
- D. Disciplinarian

12. Services should be provided whenever possible in the home and community settings where individuals live and work.

- A. True
- B. False

13. Individuals who need more support do not have the right to make choices, such as where to live, who to live with, or any type of planning for the future.

- A. True
- B. False

14. Important skills for the DSP should include the following:

- A. A specific schedule of things to do everyday
- B. Communication Skills
- C. Ethics to guide you in your role as a DSP
- D. Residential Home cleaning schedule
- E. B & C

15. Which of the following are important in good "Communication"?
- A. Listen carefully to what is communicated through words and behavior.
  - B. Repeat back what was communicated to confirm understanding.
  - C. Ask questions to gain a more complete understanding.
  - D. Be respectful
  - E. All of the above
16. The DSP is required to document in each person's individual record. This is considered a legal document.
- A. True
  - B. False
17. Which of the following is true about Developmental Disabilities?
- A. Developmental disabilities always begin before someone is born.
  - B. Individuals usually outgrow their disability as they get older.
  - C. Individuals with developmental disabilities are capable of learning and growing.
  - D. Most individuals with severe to profound developmental disabilities need very little assistance in their daily lives.
18. For a mental or emotional problem to be a mental illness, it has to be a major problem that greatly interferes with the person's ability to function in life.
- A. True
  - B. False
19. Which of the following statements are true about people with a serious mental illness?
- A. Having a mental illness means that the person is violent.
  - B. Having a mental illness means that the person is less intelligent and are unable to have a happy and productive life.
  - C. People with mental illness have dreams, hopes, feelings, experiences, wants and needs just like everyone else.
  - D. B & C
  - E. All of the above.
20. Which of the following is an example of "People First" language?
- A. Handicapped person
  - B. Mentally Ill person
  - C. A person with a developmental disability.
  - D. Mentally retarded person.