

BENEFITING FROM CAC MEMBERSHIP

"I enjoy interacting with people and I now have the opportunity to do that while working as a part of the community for individuals with disabilities."

"Being a part of the CAC in the past has helped me with my communication practices and to improve my motivational speaking business and will continue to do so."

"I know first hand what individuals with disabilities might need, so I feel as though I can provide better ideas about services to offer or improve through my personal experiences."

"I have a better understanding of what services are available to the community."

"This position allows me to be an active citizen and gives me a sense of well-being."

Customer Service 1.800.317.0708 or
989.772.5938
24-hour Crisis Telephone
Convenient Office Locations and Hours
Michigan Relay 7-1-1

Clare County

789 North Clare Avenue
Harrison, MI 48625
989.539.2141

Isabella County

301 South Crapo Street
Mt. Pleasant, MI 48858
989.772.5938

Gladwin County

655 East Cedar Street
Gladwin, MI 48624
989.426.9295

Mecosta County

500 South Third Avenue
Big Rapids, MI 49307
231.796.5825

Midland County

218 Fast Ice Drive
Midland, MI 48642
989.631.2320

Osceola County

4473 220th Avenue
Reed City, MI 49677
231.832.2247



CONSUMER ACTION COMMITTEE

The Consumer Action Committee is comprised of people who receive services from CMHCM. The group's goal is to make sure their voice is heard and to help improve the services that are offered.

Members meet monthly to share ideas, give feedback, and talk about ways to make programs better for everyone. The committee works with agency staff to build a strong, recovery-focused community where consumers can speak up and help shape change.



CMHCM receives financial support from the
Michigan Department of Health and Human Services.



**Community
Mental Health**
FOR CENTRAL MICHIGAN

WE NEED YOU!

You are invited to attend CMHCM's Consumer Action Committee (CAC) meetings to discuss events, changes, and issues that affect people who receive services from us and those with mental illness or developmental disabilities to provide input on programs, policies and organizational planning.

You will also learn about the various services we offer, especially new programs, policies, and future programs.

WHO CAN BE A MEMBER OF THE CONSUMER ACTION COMMITTEE?

- Members are consumers, former consumers and advocates.
- We believe that persons who receive the services of CMHCM have a valuable perspective on how to help others.
- We want to make sure that the services of CMHCM are user friendly.
- We want to make sure that everyone contributes their ideas and suggestions.

WHAT DO WE DO?

- Review and provide feedback on agency policies, programs, and procedures.
- Help to identify gaps in services or barriers consumers face.
- Assist with consumer satisfaction surveys and quality improvement projects.
- Organize educational or advocacy events for consumers.
- Encourage peer support, empowerment, and self-advocacy among service users.
- Represent consumer perspectives on agency boards or advisory councils.

When do we meet?

The Consumer Action Committee meets virtually using Microsoft Teams on the third Thursday of the month.

INTEREST FORM

Please let us know if you are interested in serving on the Consumer Action Committee.



☐ Yes, I would like to learn more about the Consumer Action Committee. Please contact me.

Name

Street Address

City, State, Zip Code

Phone number

Community Mental Health
for Central Michigan
301 South Crapo, Suite 100
Mt. Pleasant, MI 48858

Phone: 989.772.5938
email: eshaffer@cmhcm.org
www.cmhcm.org