

TESTIMONIALS OF CURRENT ENROLLEES

"The program is a very good support. It helps me achieve my goals. It opens doors to give you opportunity to better your life."

"Talking with the nurses and medical assistants has been helpful."

"It's really supportive for your health and daily life."

HOW TO GET STARTED

To get started, contact your CMHCM office and request to be scheduled for a nurse health assessment. It is the first step toward enrolling in REACH. You will meet with a nurse and review your health history and determine what health goal(s) you would like to pursue.

If you meet the qualifying health conditions and live in Midland county, REACH could be for you.

The REACH benefit is available to qualifying individuals who are enrolled in Medicaid, Healthy Michigan Plan, or MICHild enrollees.

Find a directory of participating providers at www.Michigan.gov/BHH

Customer Service 1.800.317.0708 or
989.772.5938

Michigan Relay 7-1-1

24 HOUR CRISIS Phone or Text 9-8-8

Same Day Access to Services:

cmhcm.org/services/access-services-now.html

Convenient Office Locations and Hours

Emergency services are available 24 hours a day, 7 days a week through crisis services to answer questions about mental health or physical health and then triage to emergency psychiatric/medical care, primary care, or other medical specialists.

Midland County CMHCM

218 Fast Ice Drive
Midland, MI 48642
989.631.2320

Accredited by:



Joint Commission
On Accreditation of Healthcare Organizations

CMHCM receives financial support from the Michigan
Department of Health and Human Services.



REACH Benefit

REACH simplifies everything you do. REACH will provide comprehensive care management and coordination of services with an interdisciplinary team of providers.

The REACH benefit is available for Medicaid, Healthy Michigan Plan, and MICHild enrollees.



**Community
Mental Health**
FOR CENTRAL MICHIGAN

WHAT IS REACH?

REACH is a benefit for Medicaid, Healthy Michigan Plan, and MICHild enrollees. Our team of healthcare providers will work with you to coordinate, support, and help manage your health care and social needs. Your team will consist of: Nurse, Community Health Worker/Peer/Medical Assistant, consulting Primary Care, and consulting Psychiatric Staff.

With this extra support, you can take control of your care. You can even choose a personal care coordinator to help you along the way.

WHAT ARE THE BENEFITS?

- Comprehensive care management
- Coordinated care tailored to your specific needs.
- Health promotion education and resources.
- Transitional care assistance among various health care settings.
- Individual and family support.
- Referrals to appropriate community and support services.
- Access to a team of health care professionals.
- Assistance in health care decision-making.



ARE HEALTH HOME SERVICES FOR ME?

Comprehensive Care

- You and your team will create your Health Home care plan.
- You will set goals and address challenges in your recovery, behavioral health, and physical health needs.

Care Coordination

- One location to help you coordinate most of your services and support.
- Your Health Home will help you make appointments and connections regarding your health care.

Health Promotion

- You will work with your health home team to gain knowledge about your overall wellness.
- Access to resources specific to your needs and health challenges.

Comprehensive Transitional Care

- You and your Health Home team will help you if you transition between providers or care locations.

Individual and Family Support

- You will be supported to manage your health.
- Your Health Home will help you to live to your full potential in your community.

Community and Social Support

- You will have connections to a wide range of community programs..