



Stay Safe. Stay Well.

CMHCM is working to keep everyone safe and healthy. We are asking for your help.

The coronavirus pandemic is a quickly changing situation, and we are continuing to learn more about the virus and how it is spread. We are monitoring Center for Disease Control (CDC) recommendations and adjusting our methods to provide the best possible service in a safe and healthy manner.

We are encouraging everyone to get vaccinated and to follow basic infection control steps: wear a mask, frequent hand hygiene, distance yourself at least six feet, meet outside, if you are sick stay home; to lower the risk of getting or spreading coronavirus to our loved ones, friends, and the community.

Please read about basic prevention guidelines being followed at CMHCM:

Appointment Information:

We are providing in-person and tele-health services where you can be seen via a virtual visit or through a phone call. We encourage you to discuss your preferences with your case holder. There may be circumstances, however, when you may need to be seen in person even. For example, when temperature, blood pressure, injection(s), and/or developmental assessments are necessary to provide the best care or you have a crisis or urgent need that in-person services may require.

There may also be times when in-person services are not safe. For example, if, in the past two weeks, you, your child, or anyone in your household have been ill, has had COVID-19 or has been exposed to someone who has COVID-19, we ask that you notify the clinic ahead of your in-person appointment to determine if a tele-health visit would be best at this time.

In addition, to decrease potential exposure to COVID-19 in the office, only you or a child and one parent or individual that needs assistance and caregiver will be allowed to attend the appointment in the office.

Face Mask Policies:

For your and others' safety and health, you will be screened at entry to the clinic and, if your child is over the age of 2, you both will be asked to wear a mask for the time of your clinic visit.

All staff in the clinic or providing services will also be wearing masks to keep everyone as safe as possible. If you are unable to medically tolerate wearing a mask, please call the office to request a virtual visit.

Additional guidance from the CMHCM Infection Control Team:

We continue to be available for your mental health needs. Feel free to reach out to your case holder, therapist or nurse, as needed. Crisis workers continue to be available 24/7 at (800) 317-0708

CMHCM written materials/brochures:

All written material (this includes the Welcome to Services Guide, Recipient Rights handbook, and various brochures) are all available by request. Please see front desk for these materials.