WHAT IS A COMMUNITY MENTAL HEALTH AND WHO IS ELIGIBLE FOR SERVICES?

Community Mental Health for Central Michigan (CMHCM) is a program that provides mental health, intellectual/developmental disability, or substance use disorder services to eligible populations.

Anyone in Michigan who has Medicaid, or who qualifies for Medicaid, is eligible for public mental health services as long as those services are medically necessary.

FEES FOR SERVICE

If you are enrolled in Medicaid and meet the criteria for the specialty mental health and substance use disorder services, the total cost of your authorized mental health or substance use disorder treatment will be covered. If you are a Medicaid beneficiary with a deductible (“spend-down”), as determined by the Michigan Department of Health and Human Services (MDHHS), you may be responsible for the cost of a portion of your services.

Fee Policy
A charge shall be made to persons for services received.

Rates charged for services will reflect the actual planned and expected cost of the particular service based on the estimated volume of service units and planned operating expenses for the services including distributed appropriate overhead costs for administration.

The rate charged shall be determined at least annually.

No resident of the agency’s catchment area shall be denied services because of ability or inability to pay the full cost of services; a sliding fee determination is available.
**ACCESSING SERVICES**

An individual may be eligible for mental health, intellectual/developmental disability, or services provided by CMHCM if they meet state mandated eligibility requirements:

- Are a resident of Clare, Gladwin, Isabella, Mecosta, Midland, or Osceola counties
- Have ever been told by a doctor that they have what is called a “serious mental illness”; or have a history of serious mental illness
- Have ever been told by a doctor that they have an intellectual/developmental disability or a developmental delay; or have a history of such disability
- Believe they may have one of these conditions, but haven’t been tested
- Believe their child has or may have one of these conditions
- An individual (or a family member of the individual) believes that they have a substance use disorder

If you believe an individual meets CMHCM’s state-mandated eligibility requirements or needs help in determining if they meet the eligibility requirements, please call 800-317-0708 and ask to get connected with Same Day Access.

You can also walk into any CMHCM office or go to https://cmhcmsda.doxy.me/sdawaitingroom

Once individuals are connected with Same Day Access, Navigators will ask questions like where do you live, what is happening in your life, and questions about insurance and income. They will also complete initial paperwork. This will take about 20 - 30 minutes. Navigators will then connect you with an assessment specialist.

Assessment Specialists will complete an assessment to help decide if individuals are eligible for publicly provided mental health, intellectual/developmental disability, or co-occurring (substance use and mental illness) services. If you are eligible for services they will assign a case holder that will provide team based care. This assessment will take about one to one and half hours to complete.