COMMUNITY MENTAL HEALTH FOR CENTRAL MICHIGAN VALUES

- The dignity and worth of each individual
- Consumer involvement and empowerment
- Person-centered planning and selfdetermination
- Behavioral and physical health integration
- Prevention and wellness
- Diversity
- Advocacy and public education
- Community inclusion
- Responsiveness to local community needs
- High quality services that are affordable and accessible
- Creativity, innovation, and evidencebased practices
- Competent staff and providers
- Continuous quality improvement
- Participative management
- Ethical practices
- Efficient utilization of resources
- · Fiscal integrity



Customer Service 1.800.317.0708 or 989.772.5938 989.773.2890 (TTY) 24 HOUR CRISIS Telephone Convenient Office Locations and Hours

> Clare County 789 North Clare Avenue Harrison, MI 48625 989.539.2141 989.773.2890 TTY

> Isabella County 301 South Crapo Street Mt. Pleasant, MI 48858 989.772.5938 989.773.2890 TTY

Gladwin County

655 East Cedar Street Gladwin, MI 48624 989.426.9295 989.631.0870 TTY

Mecosta County

500 South Third Street Big Rapids, MI 49307 231.796.5825 989.773.2890 TTY

Midland County

218 Fast Ice Drive Midland, MI 48642 989.631.2320 989.631.0870 TTY

Osceola County

4473 220th Avenue Reed City, MI 49677 231.832.2247 989.773.2890 TTY

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Joint Commission On Accreditation of Heal theare Organizati

CMHCM receives financial support from the Michigan Department of Community Health.



TELEMEDICINE

Telemedicine (also referred to as "telehealth" or "e-health") allows health care professionals to evaluate, diagnose and treat patients in remote locations using telecommunications technology.



WHAT IS TELEMEDICINE?

Telemedicine consists of trained professionals who utilize the technology of videoconferencing through a secure and private internet connection.

The prescriber can see you, speak with you, provide services, prescribe medication, and refer to your health record.

Community Mental Health for Central Michigan (CMHCM) provides health services to eligible consumers. A team of prescribers are ready to assist you with quality care towards wellness.

Improved Quality – Studies have consistently shown that the quality of healthcare services delivered via telemedicine are as good those given in traditional in-person consulations.

WHERE DOES THIS TAKE PLACE?

Consumers will be scheduled with a psychiatrist, nurse practioner, or physician assistant and the appointment will take place at your local CMHCM office.



Nursing staff will check your blood pressure, weight, and speak with you regarding any questions or concerns you may have regarding your physical and mental health.

You will be in a private session with the prescriber to further discuss your mental health and medication if prescribed.

COMMON QUESTIONS

Where does this take place?

This service will take place at the Community Mental Health office in the county you reside.

Can the doctor hear me and see me?

The prescriber will be able to see you, hear, and interact with you in a private setting to discuss your mental health. You can ask questions and express your concerns.

Is this being recorded?

Your meeting with the prescriber is never recorded. This is a private and secured communication that takes place with you, your guardian if applicable, and the prescriber.