# Community Mental Health for Central Michigan

# **Provider Network Meeting Minutes**

**Date:** 7/12/11 Time: 10:05 – 11:52

Place: Isabella Office - Lake Michigan Conference Room

Meeting called by: Tonya Bondale, Provider Network Manager

Type of meeting: Regular

Note taker: Sandy Dodson

Attendees: Provider Network, CMHCM Staff

Attendees (via conference phone):

Excused: Absent:

cc:

Agenda Topic: Welcome/Sign In Agenda Topic: Announcements

Agenda Topic: State and Agency Update

Presenter: Linda Kaufmann, Executive Director

Discussion & Needs assessment participation for 2011-2014 Strategic Plan – four strategic initiatives

Conclusions: are:

Provide Behavioral Health Education

- Assure Optimal Quality and Scope of Service through enhancement of service delivery culture and full array of evidence-based practices.
- Focus on Effective, Coordinated Care for the whole person.
- Assure Financing and Effective use of Resources to sustain high quality/cost effective services.
- State budget was signed by Governor Snyder awaiting specific agency details.
- MDCH budget is dependent on passage of the 1% Health Insurance Claims Assessment Act – Michigan Senate passed, it is before the House.
- MDCH announced the selection of Lynda Zeller as the Deputy Director of the Behavioral Health and Developmental Disabilities Administrator.
- CMHCM worked in changing both financial and clinical software with effective dates for FY 12.

Action Items, Person Responsible

& Deadline:

Agenda Topic: Smoking Cessation

Presenter: Kathie Swan, Deputy Director of Services

Discussion & The path regarding a smoke free/tobacco free policy for consumers, visitors which

Conclusions: includes no tobacco use in buildings, vehicles or on the grounds.

- The strongest push back has been from the staff.
- Important choice for the consumer

- Violation of consumer rights
- Helps to relieve stress level
- Smoking is a big part of consumer life
- So few pleasures
- Symptoms of MI will spiral and experiences of withdrawal.

Q: Offering treatment?

A: Our responsibility is to increase the consumers level of health impact.

### Issue/Challenge

- How and what are we willing to do with the information.
- Increase the conciousness level and the implications of smoking. Focus on the consumer and increase knowledge of healthy living.
- Our duty to ask the consumer for their permission to speak with them in regards to the dangers of smoking.
- Our responsibility as health care providers to provide information.
- Our responsibility to not expose our consumers to second hand smoke. Staff is not to smoke in the presence of consumers.
- Aids are available such as gum, patches, medication and auricular acupuncture.
- To get employees and Direct Care Workers on board we are offering smoking cessation classes to Direct Care Workers who team up with a consumer to attend the classes.

Current Class Schedules can be obtained from your local CMH office.

Currently we have classes in Midland:

Midland CMH will be starting our second American Lung Association's "Freedom From Smoking" group in August. Co-Facilitators are Linda Boak and Jennifer Drout, auricular acupuncture will be offered at every group by Melissa Moe. We are also offering information on smoking cessation at our Walk-In Clinic through the designated walk-in clinic staff on Mondays from 3 -5 pm.

Our upcoming group schedule is as follows:

Tuesday, August 23, Smoking Cessation Group Session #1, 3-5 pm (Those consumers interested in auricular acupuncture should arrive at 2pm each week)

Tuesday, August 30, Session #2

Tuesday, September 6, Session #3

Tuesday, September 13, Session #4

Thursday, September 15, Session #5 (48 hours

after "Quit Day") ©

Tuesday, September 20, Session #6

Tuesday, September 27, Session #7

Tuesday, October 4, Session #8

# Currently in Gladwin and Clare:

Gladwin's schedule is on Wednesday's from 10-12 and will run for 12 weeks. Clare's schedule is on Friday's from 10-12 and will also run for 12 weeks. They are both held at

each CMH building. In Gladwin we have Sara Miceli-Sorensen offering the auricular acupuncture and Kobi Hall offering the auricular acupuncture in Clare.

Isabella:

Class forming hopefully to start late August.

Action Items, Person Responsible & Deadline:

#### Agenda Topic: BSFT-Brief Strategic Family Therapy

Presenter: Discussion & Deb Miller, Supervisor, CMHCM Whole family approach.

Conclusions:

- Works for multiple problems.
- Bring all family members and keep the family engaged in the process.
- Hand out Brief Strategic Family Therapy An Empirically Validated Therapy.

Action Items,

Person Responsible

& Deadline:

#### Recipient Rights Acceptable Trainings Agenda Topic:

Presenter:

Kris Stableford, Recipient Rights

Discussion &

- Additional staff training on recipient rights.
- Conclusions:
- Training from other CMH's may be approved. Send a request via email to Kris Stableford.
- Training is preferred face to face rather than on-line.
- Recipient Rights Training Schedule handout.

Action Items, Person Responsible & Deadline:

#### Agenda Topic: CIGMMO Update

Presenter:

Tonya Bondale, Provider Network Manager

Discussion &

- Clinical software will be implemented effective October 3rd.
- After 10/01/11 use the new system is mandatory. Providers are required to log into the new system to do their billing.
- Conclusions:
- Training schedule is attached and is required for all providers. Three people each. Must pre-register. The deadline is 9/12/11. Training handout CIGMMO
- Information for CMHCM Providers dated July 12, 2011.
- Health record /PCP copy of PCP will be signed electronically and will still be available in hard copy to the provider until we have them available online to providers.
- Will have the ability to see the amount of the authorization initially as well as authorizations units still available. The system does not allow authorizations past the PCP date and for services that extend past that date an amendement to the

# PCP will have to be done.

Meeting adjourned at: 11:52 a.m.

Next meeting date: To Be Announced

Observers:

Resource Persons:

Special Notes: Please see CIGMMO handout, Power point on BSFT and Smoking Cessation

handout.