

## WHAT WOULD MY YOUTH DO?

- Meet with a Youth Intervention Specialist at school, court, or other office.
- Plan for time commitment of 45 minutes.
- May complete a 52-question screening.
- Answer questions.
- Limited services are available without parental consent for youth over age 14

## IS THERE A COST?

- This is a free service.

## AM I OBLIGATED TO DO ANYTHING?

- It is your choice if you follow recommendations unless court ordered.



## YOUTH INTERVENTION PROGRAM

- Is something in the way of your success?
- Do you worry about anger, depression, substance use, etc.?
- Is there trouble at school, home or with the legal system?

### MIDLAND COUNTY YOUTH INTERVENTION PROGRAM

If you would like more information, please contact:

Jackie Warner  
Phone: 989-832-6855  
E-mail: [jwarner@cmhcm.org](mailto:jwarner@cmhcm.org)



Ashley Huston  
Phone: 989-289-6643  
E-mail: [ahuston@cmhcm.org](mailto:ahuston@cmhcm.org)



## YOUTH INTERVENTION PROGRAM

The Youth Intervention Program is offered to any youth in Midland County that may be in need of mental health services.

The Youth Intervention Specialist, a Master's level clinician, would complete a mental health screening during a face-to-face contact. Results of the screening would be shared with the youth and his/her parent(s).

The Youth Intervention Specialist would then help link the youth with the appropriate services. Categories include:

- Substance use
- Anger
- Depression
- Suicidal thinking
- Trauma
- Signs of mental/emotional distress

## HEAR WHAT YOUTH AND FAMILIES HAVE SAID...

*"It was nice to have someone actually listen to me."*



*"It helps me see on paper what I have felt."*

*"This gave us the help we have been looking for."*



## PURPOSE

To meet with youth who are not reaching their potential or achieving success.

To meet with youth and assess their mental health concerns.

To link youth and families with services to help them through these challenges.