



Stay Safe. Stay Well.

CMHCM is working to keep everyone safe and healthy. We are asking for your help.

The coronavirus pandemic is a quickly changing situation, and we are continuing to learn more about the virus and how it is spread. We are monitoring Center for Disease Control (CDC) recommendations and adjusting our methods to provide the best possible service in a safe and healthy manner.

We are encouraging everyone to follow basic infection control steps to lower the risk of getting or spreading coronavirus to our loved ones, friends, and the community.

Please read about basic prevention guidelines being followed at CMHCM:

Appointment Information:

We have significantly expanded our tele-health capacity and many of our patients can be seen via a virtual visit or through a phone call. However, there may be a specific reason you may need to be seen in person. For example, when temperature, blood pressure, injection(s), and/or developmental assessments are necessary to provide the best care or you have a crisis or urgent need that in-person services may require.

Only you or child and one parent or individual that needs assistance and caregiver will be allowed to attend the appointment in the office.

Important: If you, your child, or anyone in your household have been ill in the past 2 weeks, we ask that you notify the clinic ahead of your in-person appointment to determine if it is necessary to postpone the visit. If you, or your child, show active symptoms (i.e. cough, sneeze, fever, rash), you may be asked to reschedule 10-14 days after the resolution of your symptoms or receive tele-health services. If you or your child have been in contact with someone who has been diagnosed with coronavirus or who is suspected of having come in contact with coronavirus, we recommend you stay home for 14 days and reschedule any appointments until after the 14-day period.

Face Mask Policies:

For your and others' safety and health, you will be screened at entry to the clinic and, if your child is over the age of 2, you both will be asked to wear a mask for the time of your clinic visit.

All staff in the clinic or providing services will also be wearing masks to keep everyone as safe as possible. If you are not able to schedule an in-person visit with your case holder or are unable to medically tolerate wearing a mask, please call the office to request a virtual visit if available.

Additional guidance from the CMHCM Infection Control Team:

We continue to be available for your mental health needs. Feel free to reach out to your case holder, therapist or nurse, as needed. Crisis workers continue to be available 24/7 at (800) 317-0708

CMHCM written materials/brochures:

All written material (this includes the Welcome to Services Guide, Recipient Rights handook, and various brochures) are all available by request.