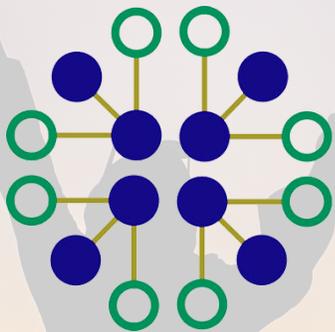


*Fiscal year*

**2025**



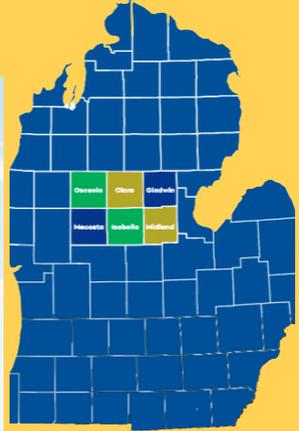
**Community  
Mental Health**  
FOR CENTRAL MICHIGAN

**Annual Report**

# Who We Are



Community Mental Health for Central Michigan (CMHCM) is a public mental health authority that serves the counties of Clare, Gladwin, Isabella, Mecosta, Midland, and Osceola. CMHCM’s vision is to provide high-quality, cost-effective behavioral health services in collaboration with individuals served and community partners in order to foster recovery and assure individuals are able to participate fully in their communities to the degree in which they desire.



## Perspectives: What has been the most helpful thing about receiving services at CMHCM?

“Assistance with seeking a new Primary Care Physician, Psychiatrist, compassion, understanding my physical and mental health, housing, just talking with me and understanding my depression”

“Setting goals on issues to work on that really matter in obtaining a positive outlook on life”

“My first doctor appointment in almost 13 years was made, and I’m on medication I needed”

“Helping me move and find a place to live”

“Helping me understand my illness”

“Interaction in the community”

“Continued support for my assisted employment”

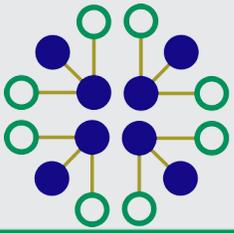
“The emotional support from the entire staff”

“Services being provided for my daughter, helping her understand and regulate emotional while my sessions also helped me understand how to help her better”

“The knowledge that I’m (we’re) not alone in our concern for my (our) child’s wellbeing.

“We’ve built a true connection and bond”





# Community Mental Health

FOR CENTRAL MICHIGAN



## Vision

Communities where all individuals experience healthy and meaningful lives.



## Mission

To promote whole-person wellness through community inclusion and a comprehensive system of quality integrated mental health services and supports.



## CMHCM Values

Support of the dignity, worth, autonomy, and empowerment of each individual

Early intervention, prevention, and wellness

Dynamic, competent, and qualified staff and providers

Whole-person wellness and integrated care

High quality services that are affordable and accessible

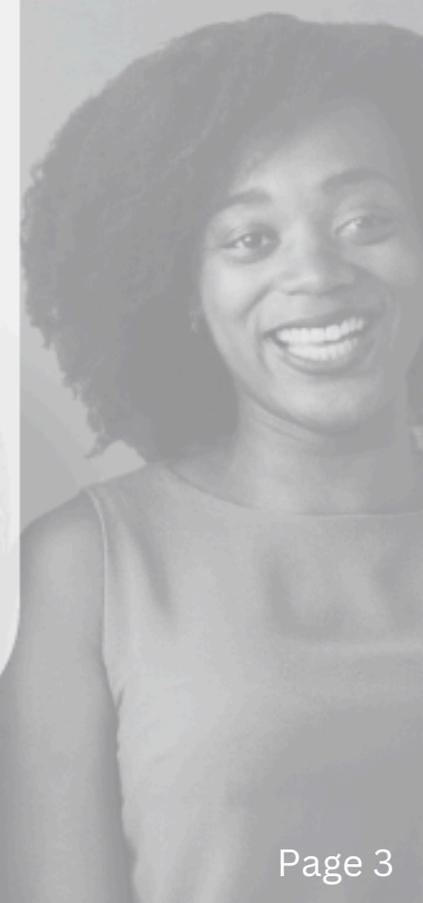
Team-Based Care

Diversity, equity, and inclusion

Advocacy and public education

Creativity, innovation, and evidence-based practices

Responsiveness to local community needs



# A MESSAGE FROM THE EXECUTIVE DIRECTOR

Community Mental Health for Central Michigan is proud to present its 2025 Annual Report highlighting activities and accomplishments in Clare, Gladwin, Isabella, Mecosta, Midland, and Osceola counties over the fiscal year. We are grateful for the many partners who have made our mission of promoting whole-person wellness through community inclusion and a comprehensive system of integrated mental health services and supports possible.

Community Mental Health agencies across the state are the safety nets in local communities for individuals experiencing serious mental illness, intellectual/developmental disability, serious emotional disturbance, and co-occurring substance use disorders. We collaborate with community partners including schools, courts, hospital systems, law enforcement, public health, federally qualified health centers, and other human services organizations.

Established by the Michigan Mental Health Code, and through county oversight, Community Mental Health Services Programs carry out, by statute, the state's responsibility to care for its vulnerable citizens. We remain a public system, accountable and transparent to the local communities we serve.

I am grateful and appreciate that across Mid-Michigan CMHCM staff, contracted providers, and community partners are making a difference, serving with compassion and excellence, and are striving to accomplish our vision where individuals experience healthy and meaningful lives.

Be well,

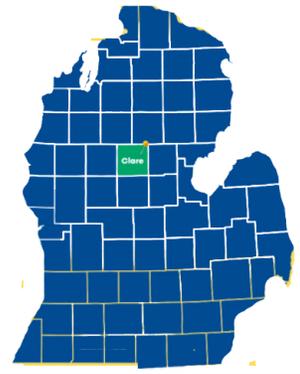




# ANNUAL ART CONTEST WINNER

We are pleased to recognize Nehemiah “KJ” Johnson as the 2025 CMHCM Annual Art Contest winner. KJ receives services through the Osceola county office and his artwork titled, *The Gift of Color*, was chosen by the CMHCM Consumer Action Committee (CAC) from a record-breaking number of submissions. We extend our sincere appreciation to all participants for sharing their creativity and congratulate KJ on his outstanding work.





# CLARE COUNTY 2025 ACHIEVEMENTS AND OUTCOMES

CMHCM partners with the Clare Gladwin RESD to employ four school-based mental health professionals as well as a school-based mental health supervisor. CMHCM continues to provide supervision for all school-based staff along with clinical supervision of all the 31N funded school-based mental health professionals. CMHCM contracts directly with Farwell schools for a school-based mental health professional.

CMHCM wraparound staff have been instrumental in bringing back the Clare Human Services Collaborative Board meetings. CMHCM also participates in multi-disciplinary meetings with the child advocacy center.

Clare County continues to provide supports under the Family Stabilization Specialist (FSS) program. The program allows those experiencing a mental health crisis to receive stabilization services and connection to ongoing resource. This partnership includes the Department of Health and Human Services (DHHS), local school districts, and local physicians to work collaboratively to create a system of care for families in crisis. In FY25, outreach was completed to over 77 families.

CMHCM staff organized a food drive in FY25 and all donations went to The Gathering UMC.

CMHCM hosted tables at seven community events to increase education and awareness of mental health and the services provided at CMHCM.



Hollie Nash (center), Clare/Gladwin School-Based Services Supervisor, participated on a Keynote Panel discussion titled, “Education and Mental Health Partnerships: Case Studies in Three Communities” at the Community Mental Health Association of Michigan Fall Conference.



# GLADWIN COUNTY 2025 ACHIEVEMENTS AND OUTCOMES

Gladwin County staff partnered with the Arnold Center, Inc. on the second “All Inclusive Annual Grill & Chill.” Donations for the event were provided by the Knights of Columbus #5280 Gladwin, MI. This community event is aimed at inclusive socialization for individuals diagnosed with intellectual/developmental disabilities and their supports. The event included food, games, karaoke, and fun. Over 70 individuals attended this year!

Gladwin County staff participate as members of the human services collaborative board, the multi-disciplinary team with the child advocacy center, recovery court, community collaborative around the sexual assault response team, Gladwin County Transit, and a collaborative meeting between CMH/DHHS/Schools and the prosecutor’s office.

Under the *My Kids Now* grant, CMHCM was able to invite DHHS staff to attend foundational training courses in working with children and families. The grant also allowed CMHCM to train 22 paraprofessionals at Beaverton schools in a full day of de-escalation techniques. In addition, 12 bus drivers joined for the first half of the training.

CMHCM received a grant to expand Infant and Early Childhood Mental Health Consultation (IEMHC) to Clare and Gladwin counties. The grant allows CMHCM to provide consultation to daycare providers and preschool staff and programs to support social-emotional development in the 0-5 population. Another early intervention to support our youngest population and to reduce preschool and daycare expulsion rates.

In FY25 the school-based mental health professionals in Beaverton fully became part of the CMHCM school based team.



Renee Dyer and Bridget Kinney from the CMHCM Infant Mental Health team hosted a resource table at the *Wiggle, Giggle, and Grow* event for new and expecting families in Clare and Gladwin counties.





# ISABELLA COUNTY

## 2025 ACHIEVEMENTS AND OUTCOMES

CMHCM Isabella County I/DD Team Supervisor partnered with MRS, Arnold Center, and the Lion’s Club to hold a first annual Disability Mentoring Day at MidMichigan College. This event was a half-day event which focused on skills related to finding and maintaining employment, training pathways, soft skills needed for the workplace, and how working impacts benefits.

Isabella County continues to have many group opportunities available to those receiving services: Anger Management for Adults; Co-Occurring group for adults with mental illness and substance use; Dialectical Behavioral Therapy for adults with personality disorders; Parenting Through Change; Nurturing Parenting; and Trauma-Informed Parenting. In addition, a contract with the Juvenile Drug Court is now in place, and a group is scheduled to begin in FY26.

The Isabella County Charge Nurse and Chief Clinical Officer are in the third year of partnering with the CMU College of Medicine with first/second year medical students in their Integrated Community Experience (ICE) program. The team is in the process of planning for a health fair in the Isabella County office for individuals served.

Isabella County oversees the Out of Catchment (OOC) team. The OOC team is made up of CMHCM case managers monitoring services for individuals placed outside of our catchment area in Adult Foster Care (AFC) placements. There are 39 consumers currently assigned to this program. This team also provides case management and oversight to individuals placed in a state inpatient hospital.

Nurturing Parenting Program groups have been expanded to the Gladwin and Isabella County jails. CMHCM staff is partnering with jail diversion staff to offer parenting groups to incarcerated individuals.

Isabella County Infant Mental Health Supervisor, Renee Dyer, has been invited to participate in state training opportunities. She and her team are completing the Infant Mental Health Home-Visitors training cohort. After participating in the Infant and Early Childhood Mental Health consultation training cohort, as well as the Infant and Early Childhood Mental Health Assessment Learning Collaborative, Renee has been selected as one of three individuals in the state to be a Train-the-Trainer for that Assessment Learning Collaborative.

Four Isabella County staff completed training in Family Psychoeducation (FPE) and are in the process of starting a group. This evidence-based practice (EBP) gives individuals and families information about mental illnesses, helps families build social supports, and enhances problem-solving, communication, and coping skills of individuals served.



The 2025 Walk-a-Mile in My Shoes Rally at the Michigan State Capitol.



Renee Dyer, Infant Mental Health Supervisor, organized the MiFamily Library installation at the Isabella County office.

# MECOSTA COUNTY 2025 ACHIEVEMENTS AND OUTCOMES

Individualized Placement and Supports (IPS) and Customized Individual Employment (CIE) Program has had 23 successful placements from both Mecosta/Osceola IPS and CIE programs. The IPS Team was awarded “Exemplary Status” during the Fidelity Review conducted in December 2024.

Mecosta County operates the Reach Program. The Reach Program is a Behavioral Health Home (BHH) and is a set of interventions that assist individuals with severe and persistent mental illness with a serious health concern to ensure good healthcare follow up and behavioral health coordination.

The Mecosta County Adult MI team met monthly with 1016 Recovery Network to collaborate/consult on cases, as well as Corewell Health, Michigan Primary Care Partners, and DHHS. These collaborative efforts have been very beneficial, and CMHCM is happy to be a part of this effort where the focus is on whole-person health and gaining information on available resources to assist individuals served.

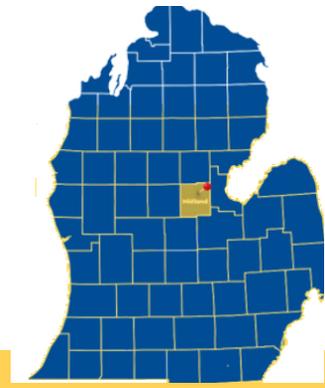
The case management team serving adults and children with intellectual/developmental disabilities in Mecosta/Osceola counties worked diligently on increasing independence at home and in the community. The case management team worked closely with providers to assist with moving over 15 individuals into less restrictive home settings while increasing community inclusion. The team continues to maintain and build relationships with community partners including Mecosta/Osceola Probate Court, MDHHS, the public schools, the Mecosta- Osceola Intermediate School District, and Michigan Rehabilitative services.

CMHCM Youth Intervention Specialist’s partnership with the Mecosta/Osceola Probate Juvenile Courts has strengthened significantly, resulting in increased referrals and improved access to both CMH services and external mental health/supportive resources. This collaboration has been recognized as a model of excellence, with the Youth Intervention Specialist and the court team being invited to present at this year’s Northern Cross-System Training.



CMHCM Behavior Analysts, Lauren and Chandler, took their knowledge of autism to a Ferris State University classroom to train students in the police academy





# MIDLAND COUNTY 2025 ACHIEVEMENTS AND OUTCOMES

CMHCM provided education to Michigan Department of Health & Human Services (DHHS) staff on de-escalation and crisis management.

Access to primary healthcare services was improved by partnering with Great Lakes Bay Health's Federally Qualified Health Center (FQHC). Over 100 CMHCM consumers were provided much needed services by the FQHC.

A \$1,000 Zonta grant was awarded to the Midland County office to support women and girls in meeting essential needs. Funding was utilized to provide cleaning products, personal and feminine hygiene products, laundry assistance, and transportation support.

CMHCM promoted de-escalation of mental health crises and diversion to behavioral health treatment by participating in Law Enforcement Crisis Intervention Team, Michigan Association of Hostage Negotiators, and Midland County Sheriff Department Victim Services Unit.

Access to treatment for offenders whose interactions with law enforcement stemmed from behaviors related to their mental illness and/or substance use disorder was improved by participating in all of Midland's specialty/treatment courts including drug court, mental health court, and MiHOPE.

The Midland County office prioritized community collaboration and access to behavioral healthcare by providing representation on dozens of county-wide and regional coalitions, boards, and community events.

Behavioral health screening and treatment referrals for youth and families were increased by partnering with local non-profit, primary care, educators, and community providers.



CMHCM hosted a resource table at the inaugural Midland Area Youth Action Council Striving to Thrive Health Fair. Ash and Jessica from the CMHCM Midland County office distributed mental health resources to attendees.

# OSCEOLA COUNTY

## 2025 ACHIEVEMENTS AND OUTCOMES

Osceola staff partnered with a number of community organizations to give back to the community. Staff volunteered with Shop with a Hero Program which gave selected Osceola County youth \$150 each to shop for Christmas gifts for their family and each family received a cart full of groceries. Staff worked with St. Philip Neri Catholic Church to collect donations and build Thanksgiving baskets. Staff also participated in various coat drives, food drives, and can drives for local charities.

Osceola County Chief Clinical Officer and Supervisor attended Michigan Works! Employment Fair in efforts to start discussing employment opportunities to middle schoolers as well as sharing coping skills for their own supports. They also attended the FSU Founders Day event to talk with college students about CMHCM and how services can be supportive to students as well as possible job opportunities for the future.

Osceola Supervisor provided multiple CMHCM presentations to Social Work Students at Ferris State University in an effort to recruit and share information about CMHCM for internship and employment opportunities.

Partnered with the Osceola County Sheriff's Department in order for staff to receive training on Home Visitor Safety. Training was provided at Meceola Consolidated Central Dispatch Authority. The training was open to all staff that provide community services from Mecosta and Osceola Counties and over 40 staff attended.

Osceola/Mecosta staff worked on an implementation plan in FY25 to bring back Family Psychoeducation (FPE) groups . Teams were formed and staff attended training for advanced skills practice. This evidence-based practice (EBP) is a group that gives individuals and families information about mental illnesses, helps families build social supports, and enhances problem-solving, communication, and coping skills of individuals served.

A key area of focus for all staff remained the continued building of community partnerships. Some examples include:

- Crisis Response Team that responds to traumatic events in the community
- Corewell Health as part of the Health Collaborative Team and Health Farmers Market project
- Our Brothers Keeper to participate in conversations on homelessness and prevention
- MOTA and DART to address transportation needs



New Journey Local Walk-A-Mile event



# SUMMIT CLUBHOUSE

## 2025 ACHIEVEMENTS AND OUTCOMES

Summit Clubhouse launched a gardening club that engaged members in planning and managing the garden throughout the summer, resulting in a successful harvest of fresh fruits and vegetables in the fall.

Summit Clubhouse members and staff participated in the MyMichigan Health Fair in April to promote the Clubhouse and CMHCM, strengthening community connections. Many visitors showed interest in Clubhouse services and later became members.

The Clubhouse coordinated a Free Fishing Day, offering members the opportunity to engage in a relaxing recreational activity. Members reported high enjoyment, and the event was well attended, with many participants successfully catching fish.

The annual Walk & Roll at Island Park was a highly successful event, with over 100 attendees and more than 25 community sponsors. The strong participation and attendance highlights strong teamwork, member initiative, and meaningful community engagement.

The Clubhouse established a Newsletter Committee focused on member-led meetings and active member involvement in creating, researching content, and brainstorming ideas.

Four members are independently employed (IEP) and one member is attending school through Mid Michigan Community College. Additionally, four members took advantage of the supportive employment positions (SEP) throughout the year, and one member holds a transitional employment position (TEP). In 2025, Clubhouse tours increased by 30 percent, reflecting growing interest and outreach effectiveness.

In July, the Clubhouse hosted its Annual Picnic in collaboration with New Journey Clubhouse and welcomed Greenville Clubhouse as a new participant. Members had an amazing time meeting new people, forming new relationships, and strengthening social connections in a welcoming, community-focused setting.



Gardening club



Newsletter Committee



2025 Walk-a-Mile in My Shoes Rally at the State Capitol in Lansing. Members enjoy this annual event and find it extremely helpful to make connections with other clubhouses from all over.



Free fishing event



Clubhouse Halloween party

# NEW JOURNEY CLUBHOUSE 2025 ACHIEVEMENTS AND OUTCOMES

New Journey Clubhouse continues to prioritize learning and this year 22 members were able to participate in training events at the Carriage House (regional training site in Indiana). In addition, New Journey presented at the statewide Employment Symposium.

The annual Walk-A-Mile event to reduce stigma and promote strength-based recovery has continued to gain traction and momentum. Clubhouse added two new vendors this year and has a high level of community involvement, with over 33 sponsors from Mecosta and Osceola Counties.

New Journey was chosen to be a statewide training site for New Colleague Development Training. They were identified as an outstanding Clubhouse by their colleagues, and were chosen as one of the Clubhouses that train new staff and members from around the state. This year it was a two-day training course with several areas in the standards covered.

This year, there was an increased focus on outdoor space. New Journey built a grill gazebo, a new storage shed, and expanded raised garden beds. Members and staff were very proud of efforts to grow vegetables and herbs.

New Journey Clubhouse started a Substack that allows all members who choose to participate to get efficient/timely communication regarding Clubhouse happenings.

New Journey continues to be active in the Clubhouse Michigan Coalition. They serve on the Guidance Board and the State Steering Committee and attend Clubhouse Michigan General Meetings and Clubhouse Michigan Lunch and Learn events.



Highway cleanup



Preparing to attend Walk-a-Mile in Lansing

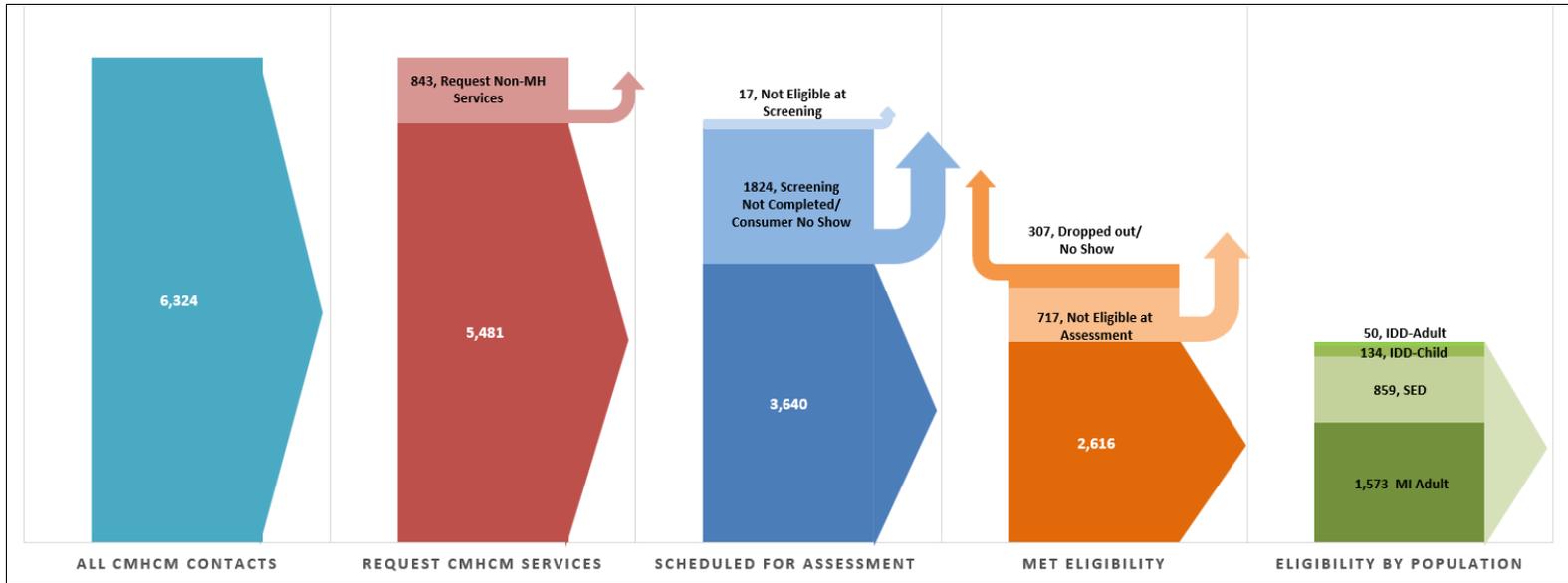


Home grown vegetables

Thank you to Michigan Department of Health and Human Services (MDHHS) for taking these great pictures of the local 2025 Walk-A-Mile event!

# 2025 ACCESS TO CMHCM SERVICES

CMHCM recognizes that there is a continued need for behavioral health care services that allow for an individual to access services quickly and easily. CMHCM implemented a Same-Day Access (SDA) process in FY22 which allows a person who calls or walks in to a CMHCM location to be assessed that same day instead of waiting for an assessment. The SDA process is an innovative initiative that seeks to provide a faster and more accessible process for individuals to access CMHCM services.

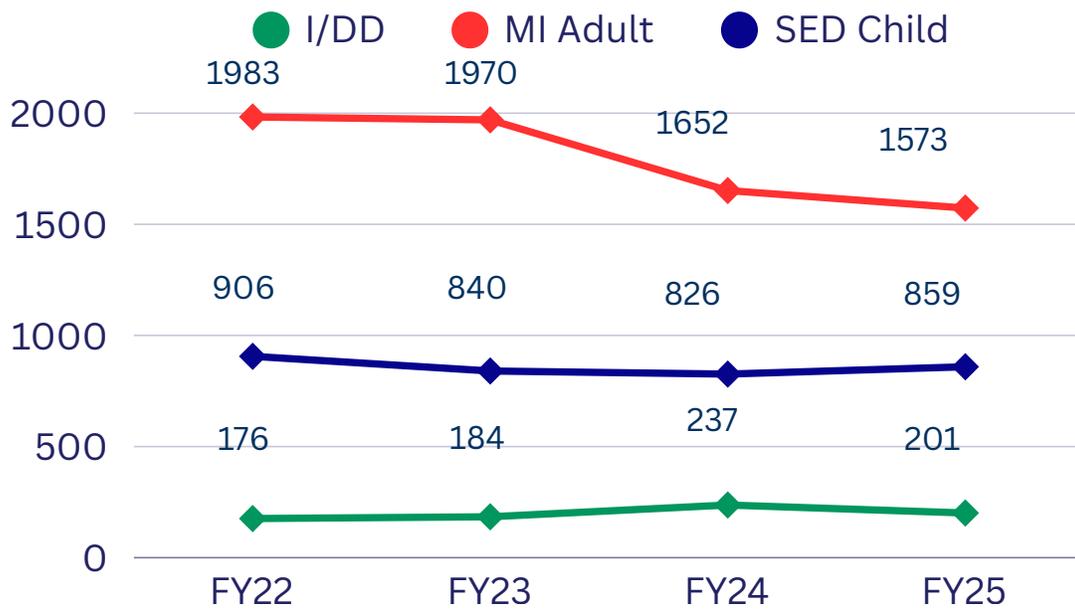


In FY25, a total of 6,324 individuals made contact with CMHCM with requests for assistance or services. This represents a six percent decrease when compared to FY24 (6,746 requests). Of these, 5,481 made requests specifically for CMHCM services and 843 made non-service related requests. As a result, 3,640 individuals were scheduled for an SDA assessment; this is a seven percent decrease in scheduled assessments when compared to FY24 (3,932). Of completed assessments, 2,616 consumers were deemed eligible for CMHCM services in FY25. This is a four percent decrease in consumers eligible for services when compared to FY24 (2,717). Three hundred and seven (307) consumers did not receive an eligibility determination due to not attending the scheduled assessment (eight percent of those scheduled), and 717 individuals were not eligible for CMHCM services and were referred to other providers and resources (20 percent).

# 2025 ADMISSION TO CMHCM SERVICES

In FY25, CMHCM received 5,481 phone and walk-in requests for services. Following completion of the SDA process, 48 percent of individuals were determined meet priority population criteria, compared to 50 percent in FY24. The 2 percent decrease is attributed to individuals or guardians electing not to proceed with services or the individual not meeting eligibility and being referred to community partners to address their identified needs.

New Admissions by Population and Fiscal Year (FY)



**Individuals with an Intellectual/Developmental Disability**

**15% decrease when compared to FY24**

**Adults with a Mental Illness**

**5% decrease when compared to FY24**

**Children with Severe Emotional Disturbance (SED)**

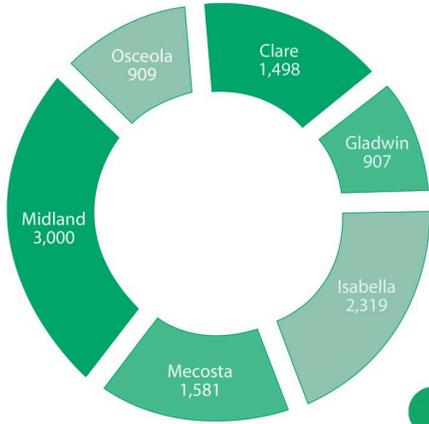
**4% increase when compared to FY24**

Access to Services remains a key priority for the 2024-2026 CMHCM Strategic Plan with the goals being to:

- Improve access to CMHCM services by providing an easy to navigate process that meets the needs of individuals and of the community.
- Increase awareness of CMHCM and the services that are provided by community partners and potential consumers.
- Enhance individual/consumer experiences with accessing CMHCM services.
- Reduce barriers to care and increase care coordination and referrals to ensure that individuals can access the appropriate services for their needs.

# 2025

# CONSUMERS SERVED



## 3,927

Individuals received outpatient therapy



## 111

Families received Behavioral Health Home (BHH) services



## 424

Families received home-based services



## 2,875

Medication reviews completed

## 983

Psychiatric evaluations completed



## 196

Families received respite

## 3,935

Individuals received health services



## 5,075

Individuals received case management

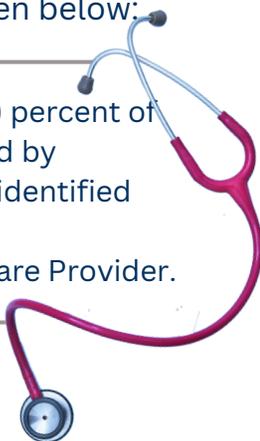
## 333

Individuals received supported employment services

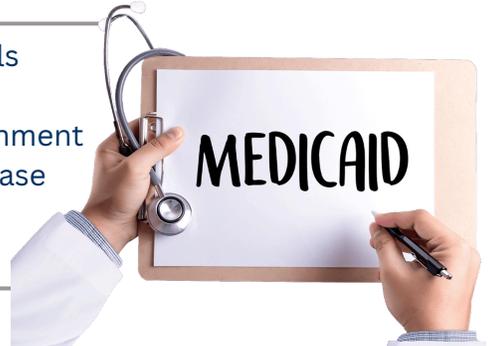


# 2025 COMMUNITY DATA AND WAIT LIST

As part of the MDHHS Annual Submission process, CMHCM is asked to utilize community data sets provided by MDHHS to identify changes in the population served, Medicaid enrollments, number of children in foster care, and other key community metrics. Available key metrics from the community data set can be seen below:



Ninety-seven (97) percent of consumers served by CMHCM have an identified and established Primary Health Care Provider.



There were 61,563 individuals enrolled in Medicaid within the six-county CMHCM catchment area for FY25. This is a decrease of 3,728 individuals when compared to FY24.



The total population for the six-county CMHCM catchment area is 273,012\*.

*\*most current data at time publication*



1,737 individuals received jail diversion services throughout the six counties in FY25.



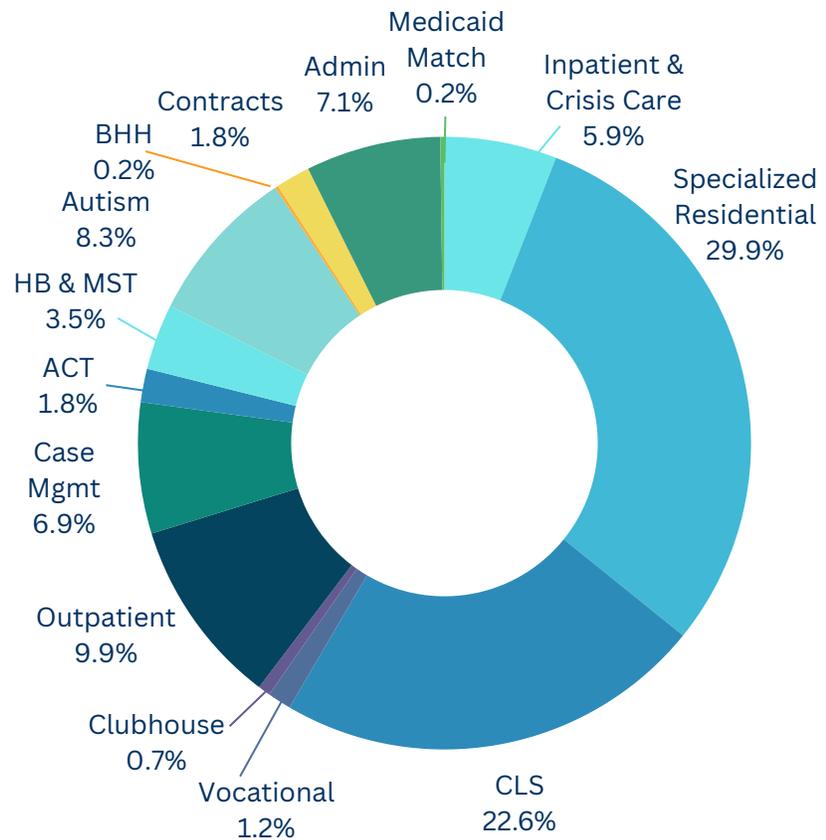
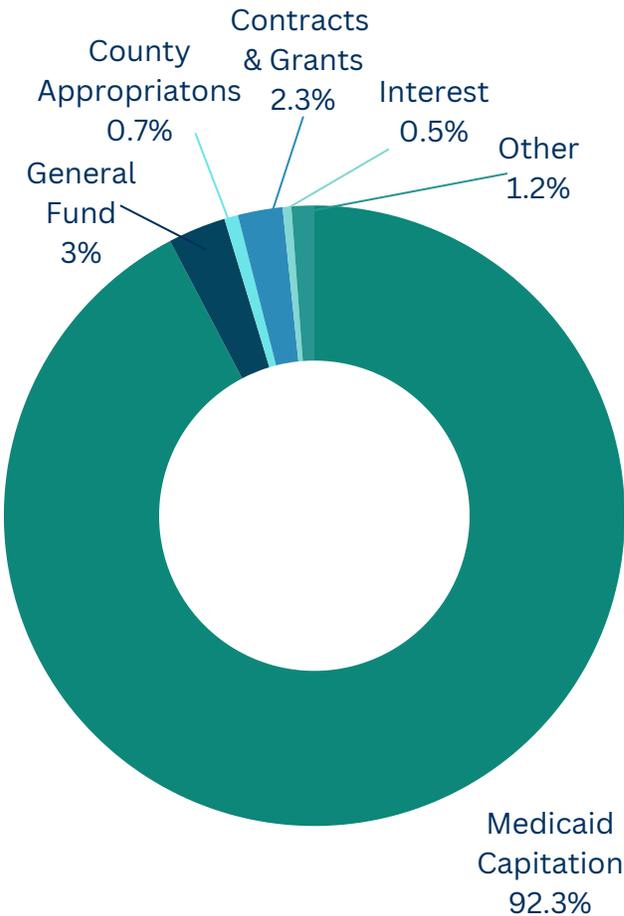
There were 120,782 individuals employed across the six counties served by CMHCM; this is a three percent decrease in community employment in FY25 as compared to FY24.

CMHCM utilizes a waiting list for individuals without Medicaid meeting the Mental Health Code defined priority population but whose cost of services exceeds available General Fund resources. Those placed on the waiting list are prioritized based on severity and urgency of need along with diagnosis and clinical judgment. Individuals in need of immediate service are connected to the Crisis Mobilization and Intervention Team. All individuals placed on the waiting list are reviewed by the Utilization Manager at the time of waiting list placement and on an ongoing basis (no less than quarterly). A total of eight individuals were added to the waitlist in FY25. Five of these individuals entered into services during the FY25 fiscal year and three individuals requested to remain on the waitlist during quarterly waitlist reviews going into the FY26 fiscal year.

# 2025 CMHCM FINANCIAL REPORT

Revenue	
Medicaid Capitation	\$143,045,978
General Fund	\$4,670,680
County Appropriations	\$1,112,901
Contracts & Grants	\$3,605,798
Interest	\$704,235
Other	\$1,829,848
<b>Total Operating Revenue</b>	<b>\$154,969,440</b>

Expense	
Inpatient and Crisis Care	\$9,194,298
Specialized Residential	\$46,347,339
Community Living Supports	\$35,098,639
Vocational	\$1,937,908
Clubhouse	\$1,012,818
Outpatient Services	\$15,348,341
Case Management & Supports Coordination	\$10,719,906
Assertive Community Treatment	\$2,741,168
Home Based, Multi-Systemic Therapy, Wraparound, Juvenile Justice Services	\$5,403,512
Autism	\$12,875,337
Behavioral Health Home	\$265,093
Contracts & Grants	\$2,796,538
Administration	\$11,038,954
Local Medicaid Match	\$339,366
<b>Total Operating Expense</b>	<b>\$155,119,217</b>



# 2025 INDIVIDUAL FEEDBACK

*What individuals are saying about what is helpful about CMHCM:*



“That my daughter has gotten the services she needs at her ABA center”

“I don't feel alone in my struggles and can open up and not feel judged”

“Their ability to be patient with getting to know my child”

“ACT team meeting with me anywhere”

“I'm starting to feel like myself again”

“Being able to have my sessions with my therapist online from my home has been crucial”

“Helping me stay stable”

“My child's ability to better regulate his emotions”

“To live my life the way I want”

“The understanding case manager I have and now psychiatrist as well”

“Knowing I can call you for support during a crisis”

“Knowing I'm not alone”



# BOARD OF DIRECTORS

The CMHCM Governing Board is comprised of 14 diverse stakeholders who are appointed by the County Commissions of the Clare, Gladwin, Isabella, Mecosta, Midland, and Osceola County service area. Board members include professionals who work closely with mental health service providers, recipients or family members of those receiving mental health services, County Commissioners, and the general public.



**George Gilmore**  
Clare County



**Joseph Phillips**  
Clare County



**Karen Moore**  
Gladwin County



**Susan Svetcos**  
Gladwin County



**James Haton**  
Isabella County



**Tobin Hope**  
Isabella County



**Kerin Scanlon**  
Isabella County



**Richard Dolinski**  
Midland County



**Alaynah Smith**  
Midland County



**Annmarie Hawkins**  
Midland County



**Mary Olshewski**  
Mecosta County



**Bill Routley**  
Mecosta County

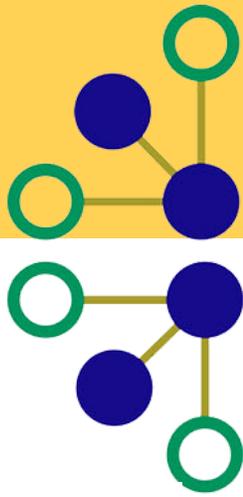


**Greg Gydesen**  
Osceola County



**Melissa King**  
Osceola County

# CMHCM LOCATIONS



## Clare County



**Hours**

Monday - Friday: 8am - 5pm  
Evenings times are available by appointment.

**Address**

789 North Clare Avenue  
P.O. Box 817  
Harrison, MI 48625

**Phone Number**

989.539.2141

**Fax Number**

989.539.2143

**Chief Clinical Officer**

Sara Miceli-Sorensen

**Substance Use Disorder inquiries**

Contact CMHCM Access Department at 989.772.5938

## Gladwin County



**Hours**

Monday - Friday: 8 am - 5 pm  
Evenings times are available by appointment.

**Address**

655 East Cedar Avenue  
Gladwin, MI 48624

**Phone Number**

989.426.9295

**Fax Number**

989.426.2251

**Chief Clinical Officer**

Sara Miceli-Sorensen

**Substance Use Disorder inquiries**

Contact CMHCM Access Department at 989.772.5938

## Isabella County



**Hours**

Monday - Friday: 8 am - 5 pm  
Evenings times are available by appointment.

**Address**

301 South Crapo Street  
Suite 200  
Mt. Pleasant, MI 48858

**Phone Number**

989.772.5938

**Fax Number**

989.775.7701

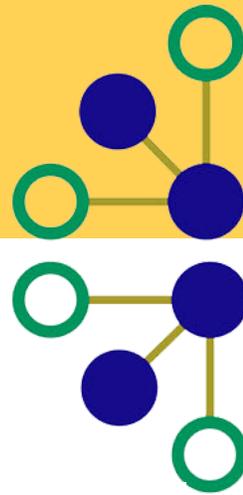
**Chief Clinical Officer**

Jennifer McNally

**Substance Use Disorder inquiries**

Contact CMHCM Access Department at 989.772.5938

# CMHCM LOCATIONS



## Mecosta County



**Hours**

Monday – Friday: 8am – 5pm  
Evening times are available by appointment.

**Address**

500 South Third Avenue  
Big Rapids, MI 49307

**Phone Number**

231.796.5825

**Fax Number**

231.796.2409

**Chief Clinical Officer**

Lisa Martinson

**Substance Use Disorder inquiries**

Contact CMHCM Access Department at 989.772.5938

## Midland County



**Hours**

Monday – Friday: 8am – 5pm  
Evening times are available by appointment.

**Address**

218 Fast Ice Drive  
Midland, MI 48642

**Phone Number**

989.631.2320

**Fax Number**

989.631.9903

**Chief Clinical Officer**

Deana Schad

**Substance Use Disorder inquiries**

Contact CMHCM Access Department at 989.772.5938

## Osceola County



**Hours**

Monday – Friday: 8am – 5pm  
Evening times are available by appointment.

**Address**

4473 220th Avenue  
Reed City, MI 49677

**Phone Number**

231.832.2247

**Fax Number**

231.832.3281

**Chief Clinical Officer**

Lisa Martinson

**Substance Use Disorder inquiries**

Contact CMHCM Access Department at 989.772.5938

# Connect with Us



Community Mental Health for Central Michigan wants to help you take care of both your mental and physical health. Research shows there are some things you should be doing every day to take care of your whole health and well-being. It's important to remember that taking care of your mental health often means taking care of your physical health and vice versa. CMHCM is pleased to announce that we have partnered with Moodfit to provide our community with this whole wellness app. Moodfit is an app to help reduce your stress and build resilience and coping skills.



To get your subscription, download Moodfit from your phone's app store, and enter code "CMHCM" when creating your account.



Community Mental Health for Central Michigan is accredited by the The Joint Commission. This accreditation means CMHCM has undergone an in-depth review of our services and have demonstrated substantial conformance to The Joint Commission's standards. This accreditation ensures that CMHCM is delivering quality services that focus on a consumer's needs and preferences.



CMHCM Crisis Hotline (24/7)  
**1-800-317-0708**

CMHCM Main Line  
**1-989-772-5938**



Website  
**www.cmhcm.org**



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