

WHAT WOULD MY YOUTH DO?

- Meet with a Youth Intervention Specialist at school, court, or other office.
- Plan for time commitment of 45 minutes.
- May complete a 52-question screening.
- Answer questions.
- Limited services are available without parental consent for youth over age 14

IS THERE A COST?

- This is a free service.

AM I OBLIGATED TO DO ANYTHING?

- It is your choice if you follow recommendations unless court ordered.



YOUTH INTERVENTION PROGRAM

- Is something in the way of your success?
- Do you worry about anger, depression, substance use, etc.?
- Is there trouble at school, home or with the legal system?

CLARE COUNTY YOUTH INTERVENTION PROGRAM

If you would like more information, please contact:

Angelia Richard
Phone: 989-423-9987
E-mail: arichard@cmhcm.org



Hollie Nash
Phone: 989-418-0771
E-mail: hnash@cmhcm.org



**Community
Mental Health**
FOR CENTRAL MICHIGAN



YOUTH INTERVENTION PROGRAM

The Youth Intervention Program is offered to any youth in Clare County that may be in need of mental health services.

The Youth Intervention Specialist (YIS), a Master's level clinician, would complete a mental health screening during a face-to-face contact. Results of the screening would be shared with the youth and his/her parent(s).

The YIS would then help link the youth with the appropriate services. Categories include:

- Substance use
- Anger
- Depression
- Suicidal thinking
- Trauma
- Signs of mental/emotional distress

HEAR WHAT YOUTH AND FAMILIES HAVE SAID...

"It was nice to have someone actually listen to me."



"It helps me see on paper what I have felt."

"This gave us the help we have been looking for."



PURPOSE

To meet with youth who are not reaching their potential or achieving success.

To meet with youth and assess their mental health concerns.

To link youth and families with services to help them through these challenges.

The Youth Intervention Specialist will work the student, parent, and school to determine if school based counseling services provided by the YIS are an appropriate treatment recommendation.