

HOW TO GET STARTED

If you meet the qualifying health conditions and live in either Mecosta or Osceola county, REACH could be for you. The best thing to do to get more information is to call Community Mental Health for Central Michigan and ask about the REACH benefit. They can answer your questions about the program and how to best get the services it offers.

The REACH benefit is available to qualifying individuals who are enrolled in Medicaid, Healthy Michigan Plan, or MICHild enrollees.

Find a directory of participating providers at www.Michigan.gov/BHH

Customer Service 1.800.317.0708 or
989.772.5938

Michigan Relay 7-1-1

24 HOUR CRISIS Phone or Text 9-8-8

Same Day Access to Services:

cmhcm.org/services/access-services-now.html

Convenient Office Locations and Hours

Emergency services are available 24 hours a day, 7 days a week through crisis services to answer questions about mental health or physical health and then triage to emergency psychiatric/medical care, primary care, or other medical specialists.

Mecosta County CMHCM

500 South Third Avenue
Big Rapids, MI 49307
231.796.5825

Osceola County CMHCM

4473 220th Avenue
Reed City, MI 49677
231.832.2247

Accredited by:



Joint Commission

On Accreditation of Healthcare Organizations

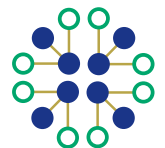
CMHCM receives financial support from the Michigan Department of Health and Human Services.



REACH Benefit

REACH simplifies everything you do. REACH will provide comprehensive care management and coordination of services with an interdisciplinary team of providers.

The REACH benefit is available for Medicaid, Healthy Michigan Plan, and MICHild enrollees.



**Community
Mental Health**
FOR CENTRAL MICHIGAN

WHAT IS REACH?

REACH is a benefit for Medicaid, Healthy Michigan Plan, and MICHild enrollees. Our team of healthcare providers will work with you to coordinate, support, and help manage your health care and social needs. Your team will consist of: Nurse, Community Health Worker/Peer/Medical Assistant, consulting Primary Care, and consulting Psychiatric Staff.

With this extra support, you can take control of your care. You can even choose a personal care coordinator to help you along the way.



WHAT ARE THE BENEFITS?

- Comprehensive care management
- Coordinated care tailored to your specific needs.
- Health promotion education and resources.
- Transitional care assistance among various health care settings.
- Individual and family support.
- Referrals to appropriate community and support services.
- Access to a team of health care professionals.
- Assistance in health care decision-making.

PROGRAM OBJECTIVES

Through the delivery of core REACH services, the program seeks to:

- Improve your health outcomes.
- Coordinate and assist you with your healthcare needs.
- Increase access to care.
- Increase hospital post-discharge follow-up.
- Reduce unnecessary hospital and emergency room visits.

ELIGIBILITY

- You have Medicaid, Healthy Michigan Plan, or MICHild.
- You have a qualifying health condition in addition to meeting eligibility for services at CMHCM.
- You live in Mecosta or Osceola County.

Should you need to opt out of REACH, you can do so at any time with no impact on your current health care coverage.